

Physical Education

Topic overview

Games for understanding



Year group: Reception

Term: Summer 1

The unit of work will explore why we need to follow the rules and keep the score during a game. Pupils will learn how to apply very simple tactics for attacking and defending in games.

Prior knowledge

Pupils will have explored different ways of using our hands to move with a ball, keeping control. Pupils have explored rolling, pushing and bouncing a ball. Children will have developed their team work skills and are beginning to support and encourage each other. Children also know how to take turns and understanding why it is important to follow rules.

EYFS Framework:

Physical Development ELG: Gross Motor Skills -

Children at the expected level of development will:

- Negotiate space and obstacles safely, with consideration for themselves and others
- Demonstrate strength, balance and coordination when playing
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

By the end of this unit, I will be able to:

Doing - Pupils will be able to move into spaces avoiding other pupils. Pupils will also be able to adjust their speed and change direction to avoid other pupils.

Thinking - Pupils will experiment moving in different ways, moving confidently and concentrating on any instructions.

Team work - Pupils will develop life skills such as fairness, while playing by the rules of the game and empathy when they need to encourage others.

Trying - Pupils will start to explore honesty, as they learn to keep the score and self-belief, understanding why it is important to try our hardest.

Key vocabulary

- Space
- Rules

